

SAINT PEDRO POVEDA COLLEGE
GRADE SCHOOL DEPARTMENT
CIVICS AND CULTURE 1
SESSION 2 HANDOUT NUMBER 1



**PANATANG
MAKABAYAN**



Iniibig ko ang Pilipinas,
Aking lupang sinilangan,
Tahanan ng aking lahi,
Kinukupkop ako at tinutulungan
Maging malakas, masipag at marangal.
Dahil mahal ko ang Pilipinas,
Diringgin ko ang payo
Ng aking magulang,
Susundin ko ang tuntunin ng paaralan,
Tutuparin ko ang tungkulin
Ng mamamayang makabayan:
Naglilingkod, nag-aaral at nagdarasal
Ng buong katapatan
laalay ko ang aking buhay,
Pangarap, pagsisikap
Sa bansang Pilipinas .

NATIONAL SYMBOLS OF THE PHILIPPINES



Jose Rizal

- He is the national hero of the Philippines.
- He wrote books and poems that showed his love for the Philippines.
- He inspired Filipinos to fight for freedom and to love the country.

Filipino

- It is the national language that Filipinos use to communicate with one another.
- It represents the mixture of Filipinos because many words come from different languages and dialects.

Aa	Bb	Cc	Dd	Ee	Ff	Gg	Hh	Ii	Jj
ay	bi	ci	di	ei	fi	gi	hi	ji	ky
[a]	[b]	[c]	[d]	[e]	[f]	[g]	[h]	[i]	[j]
Kk	Ll	Mm	Nn	Ññ	Ngng	Oo	Pp	Qq	
ky	li	mi	ni	nye	ngi	o	pi	qi	
[k]	[l]	[m]	[n]	[ɲ]	[ŋ]	[o]	[p]	[q]	
Rr	Ss	Tt	Uu	Vv	Ww	Xx	Yy	Zz	
ar	es	ti	yu	vi	wi	xi	yi	zi	
[r]	[s]	[t]	[u]	[v]	[w]	[x]	[y]	[z]	



Philippine Eagle

- It is our national bird.
- It is one of the biggest eagles in the world.
- Eagle's fly high, which represents the Filipinos' bravery, big dreams, ambitions and love for freedom.

Narra

- It is our national tree.
- It symbolizes the strength of the Filipinos.
- Its trunk is hard and strong.
- It is used in making furniture.



SYMBOLS OF THE PHILIPPINES

Sampaguita

- It is our Country's flower.
- It has white and small petals.
- It is used for making garlands.
- It is a symbol of loyalty, purity and devotion.



Baro't Saya and Barong Tagalog

- Barong Tagalog is our country's attire for boys.
- Baro't Saya is our country's attire for girls.
 - *Baro* means top, and *saya* means skirt.
- It is usually worn during special celebrations.

Cariñosa

- It is the dance of the Philippines.
- It is a dance between a Filipino boy and a girl.
- It shows the love and sweetness of Filipinos.



Sipa

- It is our native game.
- It uses a rattan ball.
- It is similar to Volleyball.
- Players use their feet and head to touch or hit the ball.
- It symbolizes alertness and energy of Filipinos.



Anahaw

- It is our country's leaf.
- It has wide leaves.
- It is used in making unique fans.
- It is also used in awards and medals, symbolizing excellence.

Mango

- It is our country's fruit.
- It is yellow and sweet when ripe and green and sour when unripe.
- It symbolizes Filipinos' resourcefulness.



Carabao

- It is our country's animal .
- Helps farmers in plowing the field and also used as transportation.
- It symbolizes the patience and diligence of Filipinos



References:

One Country, One People by Estelita Capina and Joana Peralta;

Philippines, Our Philippines by Eleanor Antonio;

Ang Lahing Pilipino, Dakila at Marangal by Lazelle Rose Pelingo and Ela Rose Sablaon